

D2 Determination Kit manual:

Please follow the instructions to collect the sample, then when the sample is ready please send us an email info@osmiowater.co.uk with the collection address and the date/s that you are available for collection and we will book the courier to collect the sample.

If you have any questions please do not hesitate to contact us at info@osmiowater.co.uk, tel 0330 113 7181

Information:

This test serves to detect the level of deuterium in the organism tissues. Please note the results are not instant, you should collect your sample in the morning and post to the address provided on the very same day. You will get your results back within 2 weeks via e-mail once the lab has received the sample.

Important information:

The purpose of this test is to monitor the progress of your deuterium depleted water therapy.

Test components:

Manual, sample glass jar A (with black cap), transport test tube B (with white cap), blank test form C, transport bag D, medical pipette E. Please also have a watch or clock to hand.

Preparing for the test:

Wash your hands with warm water, unpack the test kit on a clean surface and Put the glass jar in the freezer for 20 minutes with the cap closed.

Taking a sample:

1. Take the glass jar out of the freezer
2. Sit up straight
3. Open the lid of the glass jar
4. Hold the jar by the bottom in your left hand
5. Breath in through your nose, then breath out (into the jar) through your mouth for 5 minutes, vapour (condensate) will appear on the surface of the glass.
6. Please ensure that you make a slight seal on the jar with your mouth (with your mouth inside the jar and your nose on the outside), there should only be a very small space that the air can escape from.

7. Wait for condensate to settle at the bottom of the jar (Leave the jar open at room temperature for 30 minutes)
8. After 30 minutes, open a transport test tube
9. Using medical pipette transfer collected condensate from the jar into the small plastic transport test tube
10. Close the test tube firmly and place it into the plastic bag provided.
11. Complete test form
12. Put the plastic bag with the test tube and completed test form into the envelope provided and drop it off to your nearest Post Office
13. Once you are finished with the glass jar, place it into the appropriate recycling bin. However, as we are trying to make this test eco-friendly, you can rinse this out and use it for storage if you wish.

If you fail to collect condensate, you can rinse the jar, dry it up with a clean paper towel and repeat the procedure. If you need an assistance, please call 0330 113 7181